



Happy 215th Birthday (4 Aug 1790) United States Coast Guard



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	Army One Source Anytime Anywhere Online: http://www.armyonesource.com User ID: army Password: onesource Telephone: 1-800-464-8107 En español, llame al 1-888-375-5971 TTY/TTD: 1-800-346-9188	

Notes 'n Stuff

Selfridge Community Service Events

September

TBD- Selfridge Family Forum 2004 Issue update Call 307-5903 1-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

16- RACC Meeting, Bldg 970, for info call 307-5949

16 – First Termer Personal Financial Training Bldg 780, Rm 106 0800-1600

18-Army Family Team Building Class, Level I 8 a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 6 Sep. Call 307-5903

October

TBD Red Ribbon Week

6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

12-15- Transition Assistance Program (TAP) bldg 780, Rm 106. To register call 307-5949

13-Army Family Team Building Class, Level II "Volunteer Management-Marketing Volunteer Experience" Teaches methods of recruitment, training, retention, validation, and recognition of volunteer experience as a resource of seeking paid employment. Register by 4 Oct 307-5903

November

4-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

17-Army Family Team Building Class Level III "Personality Traits"
Course instruction describes methods of determining various personality traits and how to benefit from those traits.
Register by 8 Nov 307-5903

Selfridge Community Service Events

December

TBD- Selfridge Family Forum 2004 Issue update Call 307-5903 2-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

- 11-Army Family Team Building Class, Level I 8 a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 3 Dec. Call 307-5903
- 15 & 16-Army Family Team Building Instructor Training. Bldg 780, Rm 106 11 a.m. – 4 p.m. This enables interested volunteers to conduct any level of AFTB classes. Register by 6 Dec. Call 307-5903
- 16- RACC Meeting, Bldg 970, for info call 307-5949

January 2005

6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

February 2005

3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

March 2005

TBD- Selfridge Family Forum 2005 Call 307-5903 3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

17- RACC Meeting, Bldg 970, for info call 307-5949

April 2005

7-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949 TBD Volunteer Recognition Ceremony TBD AER Campaign Kickoff

Notes 'n Stuff

Selfridge Community Service Events

May 2005

5-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

TBD Military Spouse Day

June 2005

2-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

TBD AER Campaign recognition ceremony.

July 2005

SOCIAL SECURITY DELIVERS MOST POPULAR BABY NAMES

eNews: Social Security eNews June 2004

The most popular baby names in the United States for 2003 remain Jacob and Emily. The couple is becoming quite comfortable as leaders of the pack - Emily has been the most popular girl's name each year since 1996; Jacob has been the most popular boy's name since 1999. New to the top ten lists this year are Anthony and Elizabeth.

"Each year, Social Security produces the most popular baby names list based on all Social Security card applications for children born the previous year," said Jo Anne Barnhart, Commissioner of Social Security.

A list of the 1,000 most popular baby names for 2003, and lists categorized by state, can be found on our website - where users may also apply for benefits, request replacement Medicare cards and calculate future benefits.

For more information - or for help naming your baby-to-be - read our news release. http://www.socialsecurity.gov/pressoffice/pr/baby-names2003-pr.htm

BOOKLET HELPS GUARD, RESERVE KIDS DURING DEPLOYMENT

A Military Child Education Coalition booklet has been produced to help communities reach out to reserve and Guard families during their family members' deployment.

The 12-page brochure, "How Communities Can Support the Children and Families of Those Serving in the National Guard and Reserves," explains the dynamics of the deployment process, offers tips for educators and lists military and community resources for families of deployed troops. . . .

The publications and more information about the MCEC are posted on the coalition's Web site at http://www.militarychild.org.

Deployed reserve-component troops have left behind an estimated 500,000 sons and daughters.

Armed Forces News: July 16, 2004







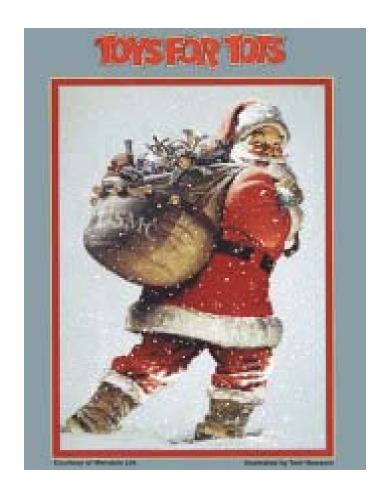






TO TO THE WAY

TOYS FOR TOTS



Washington, D.C. –The 56th annual U.S. Marine Corps Reserve Toys for Tots campaign, conducted during October, November and December 2003, have been tabulated: U.S. Marines distributed 15 million new toys to 6.6 million needy youngsters.

This was the most successful campaign in the 56-year history of Toys for Tots. This monumental accomplishment is a tribute to the tireless work and dedication of the 456 local campaign coordinators, the Marine Forces Reserve staff and the staff of the Marine Toys for Tots Foundation as well as the outstanding support of a broad sector of corporate America and millions of caring Americans.

Toys for Tots began with a single local campaign in Los Angeles in 1947 and was increased to campaigns in 74 communities in 1948 – the year Toys for Tots was expanded nationwide. Fifty-five campaigns later in 2003, local Toys for Tots campaigns were conducted in 456 communities throughout the nation – the most extensive coverage in the history of the program. . .

For further details contact Lt. Gen.Matthew T. Cooper, USMC (Ret) or Maj. Brian A. Murray, USMC (Ret) at (703) 640- 9433 or visit the TFT website at www.toysfortots.org.





This photo shows the 75^{th} Explosive Ordnance Disposal Company currently stationed overseas. The 75^{th} is based at Selfridge Air National Guard Base. Thanks to SFC Eric Dunn for the photo

15 Aug 04 Notes 'n Stuff

Michigan Word Search

Ρ	Y	K	V	0	Y	V	С	E	J	M	A	R	В	X	
Z	0	Ι	E	A	N	0	Ι	0	G	Т	N	0	M	Z	
Y	Χ	I	W	A	M	A	N	G	Т	Ρ	С	В	Т	E	
D	Т	R	N	S	R	E	W	E	В	A	Н	R	0	E	
E	0	Ι	Т	Т	S	S	Ι	A	N	W	0	A	Р	Q	
N	Χ	0	С	V	E	R	A	I	Y	Ρ	R	N	I	K	
R	С	A	I	R	R	A	L	R	S	A	V	E	N	С	
K	Y	L	D	A	E	E	U	J	G	W	I	L	A	A	
Η	L	A	Η	A	S	V	K	Χ	Y	Ε	L	G	В	Ι	
E	K	С	0	R	В	В	L	A	Ρ	R	L	Y	E	G	
E	K	A	L	E	L	Т	Т	I	L	I	E	F	E	A	
I	S	Η	Ρ	Ε	M	Ι	N	G	S	Ρ	N	M	0	W	
R	E	M	E	S	S	E	В	S	K	M	R	S	Ι	0	
F	L	U	S	Н	Ι	N	G	R	Ρ	E	В	A	M	D	
0	Z	Т	U	В	K	S	Α	F	M	R	E	G	С	Ρ	

Michigan Cities

Look for these in the puzzle on the left

ANCHORVILLE AYR

BAD AXE BESSEMER CARP LAKE COMSTOCK

DOWAGIAC EMPIRE

FLUSHING GERMFASK GLEN ARBOR HARRIETTA ISHPEMING JONESVILLE

KEARSARGE LITTLE LAKE

MIO NILES

NORWAY ONAWAY

PAW PAW POINTE AUX PINS

ROCK SILVER CITY

TOPINABEE

You heard of Michigan cities like Saginaw, Kalamazoo, Detroit, Grand Rapids, Lansing, well these are also Michigan cities



MWR HAPPENINGS

Selfridge MWR activities and services are open to active duty, reserve, retired, federal civilian employees, contractors, and family members from of the above and from any branch of the service.

Sunday Morning Breakfast Buffet

Mulligan's offers a great-tasting Breakfast Buffet every Sunday morning during the Golf season. It is available from 6 a.m. to 10 a.m.

Sunday Morning Special

Enjoy 9 holes of golf and a cart plus our breakfast buffet every Sunday morning for just \$18. Golfers participating in this special must tee off before 7:30 a.m.

Outdoor Recreation Center

Located in building 903, the Outdoor Recreation Center has Youth Fishing Trips every Wednesday from 9 a.m. to 11:30 a.m. for youth ages 5-16 year. The cost is just \$3.5 per child and includes boat ride and bait. All participants must provide their own fishing pole and hooks or lures. Pre-registration is required at least one day prior. The Youth Fishing Trips will take place every Wednesday through August 18. Call (586) 307-5499 to register and for more information.

Reggie's Pub Summer Special

Bowl a FREE GAME with the purchase of any Reggie's Pub Signature Sandwich, Masterpiece Creation or Specialty Wrap. Call for details

2 For 1 Bowling

Selfridge Bowling Center now offers 2 for 1 bowling every Monday and Saturday, 11 a.m. to 9 p.m. Shoe rental is included! This offer is valid to all patrons through Labor Day.

Senior's Special

Golfers over the age of 50 can now play Mondays and Tuesdays from 7 a.m. to 12 p.m. for only \$18! Cost includes 18 holes of golf and cart.

Stained Glass Class

Every Monday from 6 p.m. to 8 p.m. in the Multi-craft Center, building 780. Cost for the class is determined by the project chosen. Call 307-6848 for more information.

Thrift Shop

Open on Tuesdays, Thursdays and the first Saturday of the month 9 a.m. to 3 p.m. Call 307-4405 for information.

Veterinary Clinic Hours

Every Tuesday 5 p.m. to 8 p.m. and Tuesday 9 a.m. to 12 Noon. Call 307-5246 for an appointment

Youth Sports

Teen Basketball Registration, 1-31 August Ages 12-17 Fee \$20 Fall Soccer Registration 1-31 Aug Fee \$35 Registration taken in building 780, Room 15. Call (586) 307-5530 for more information. Coaches are also needed!

MICHIGAN THINGS TO DO

Festivals and Fairs information

Posted on www.michiganfun.us

Aug 2, 04 - Aug 7, 04

Goodells St. Clair County 4-H & Youth Fair (810) - 985-2063

Aug 2, 04 - Aug 7, 04

Mason Ingham County Fair (517) - 676-2428

Aug 3, 04 - Aug 7, 04 Chesaning Saginaw County Fair (989) - 845-2143

Aug 3, 04 - Aug 8, 04 Rogers City Nautical City Festival (888) - 854-9700

Aug 4, 04 - Aug 7, 04 Elk Rapids Harbor Days Festival (800) - 626-7328

Aug 5, 04 - Aug 6, 04 Cass City Summer Mania (866) - 266-38

22Aug 5, 04 - Aug 7, 04 Kalamazoo Ribfest (269) - 388-2830

Aug 5, 04 - Aug 7, 04 Sterling Heights Sterlingfest Art & Jazz Fair (586) - 446-2489

Posted on www.travel.michigan.org

8/1/2004 - 8/7/2004 Monroe County Fair

8/21/2004 - 8/21/2004 Woodward Dream Cruise

Celebrate the cars, music and memories of cruisin' in the fifties and sixties.

8/2/2004 - 8/7/2004 4H County Fair Port Huron Admission is \$5 per person; kids 8 years of age and under are free. For more details call (810) 989-6960.

MILITARY ONE SOURCE SOLVES SERVICE MEMBER, FAMILY MEMBER PROBLEMS

By Rudi Williams

Sotes

American Forces Press Service

WASHINGTON, June 30, 2004 - The Defense Department has established a "one stop" place to go whenever service members or family members need assistance with any kind of problem.

- It's called "Military One Source," and is available 24 hours a day, seven days a week, 365 days a year, according to John M. Molino, deputy undersecretary of defense for military community and family policy.
- "Military One Source is a revolutionary augmentation to the family services we currently have on military installations around the world," Molino explained. . .
- Each service had its own One Source program, and now DoD is bringing them together and calling it Military One Source, Molino noted.
- He noted that it's intended to complement assistance offered to military families by the services. Molino said Military One Source "leverages technology and enables DoD to provide assistance to families and service members via the Internet or a toll-free telephone number."
- The services include everything from common, everyday difficulties that might face a family to life's most complicated situations, he noted.
- . . . The voice on the other end doesn't make judgments about situations, he noted. "They're there to listen to what you have to say, evaluate it, and give you the beginnings of an answer or actually the answer to your question," Molino said.
- Military One Source runs the gamut of situations: from needing a plumber in the middle of the night to fix a broken pipe, to needing veterinary service for a sick dog. It also handles things like helping families new to an area find childcare, or information about the school system, summer jobs whatever is needed. . . .
- What bothers Molino is when people say they don't need help from Military One Source because of their unit assignment. "I heard that in some units they say, 'We're in an Army Ranger unit,' (or) 'We're in a Navy SEAL unit, and we don't need that kind of support,'" Molino said. "That's utter nonsense! If the pipe breaks in the middle of the night in the home of a Navy SEAL, you need a plumber just as badly as somebody else." . . .
- Military Once Source also is available to National Guardsmen and reservists being called to active duty for Operations Enduring Freedom and Iraqi Freedom.

The toll-free numbers for Military One Source are:

From the United States: (800) 342-9647.

From outside the United States (where available): (800) 3429-6477.

International collect: (484) 530-5747.

TRICARE OFFICE OPENS ON SELFRIDGE

On 19 Jul 04, the regional TRICARE Office held its' open house. The office operated by the new contractor Health Net Federal Services, The office is in room 183, in building 944. From the main gate, continue south, Bldg 944 is behind the "Bayshore" Hardware store. Make a left and 944 is the building on the right. The phone number to reach the new center is 1-877-874-2273. Hours of operation are 0830-1200 Monday Wedsday and Friday, and 1230 1420 on Tuesday and Thursday.

TWINS REUNITE ABOARD TRUMAN

By Journalist 3rd Class (SW) Rosa Larson, USS Harry S. Truman Public Affairs

USS HARRY S. TRUMAN, At Sea (NNS) -- The Navy reunited a brother and sister aboard USS Harry S. Truman (CVN 75) during a recent underway replenishment. The Navy twins were stationed on separate ships that came together for a few hours July 10 while ammunition was being transferred from USS Detroit (AOE 4).

Through good luck and planning, Philadelphia natives Airman (AW) Alicia Wilson and Boatswain's Mate 2nd Class (SW/AW) Kenneth Wilson were able to meet on Truman's flight deck after Kenneth was flown from Detroit to see Alicia. . . .

The reunion on HST's flight deck came when a helicopter landed, and Alicia's brother slowly climbed out of the helicopter to see his sister. They shared a small hug and walked off the flight deck.

Later, the twins caught up on old times. Airman Wilson showed her brother around the ship, this being his first time on an aircraft carrier, and introduced him to what could easily seem like all of air department. .

Less than two hours later, they were back at the Air Transfer Office, once again waiting for a helo pick-up. . . .

In the end, it was a small but amazing visit, coupling both the Navy's prodigious capabilities and its efforts to keep family members close. . .

SPAM

Some 68% of Americans "hate" receiving spam (unsolicited commercial email) and an additional 25% are annoyed by it; 80% want it banned, while 2% don't think the government should do anything about it. [Consumers International/Research Alert, March 5, 2004]

CHANGE COMING TO NOTES 'N STUFF

There will be one more edition of NnS in September. Ive decided to head for the rocking chair and retire as of 30 Sep. I appreciate the kind words of encouragement from readers. I truly enjoyed putting together this newsletter, In spite of the late or missing editions, it was labor of love.

Ed.



An Iraqi interpreter attached with Fox Company, 2nd Battalion, 1st Marines, hands out candy to Iraqi children in Fallujah, Iraq, July 13, 2004. 1st Marine Division is deployed in support of Operation Iraqi Freedom and engaged in Security and Stabilization Operations (SASO) in the Al Anbar Province of Iraq. (U.S. Marine Corps photo by Lance Cpl. Kenneth E. Madden III) (Released)

Photo by: LCPL KENNETH E. MADDEN LLL, 1ST MARINE DIVISION COMCAM

Record ID No. (VIRIN): 040713-M-5505M-010

4TH ANNUAL GOLF BENEFIT TOURNAMENT

Selfridge Firefighter's Association Friday, August 27, 10 a.m.

\$75 per person/\$300 per team. Price includes 18 holes of golf, 2 golf carts per team, lunch, dinner, door prizes, raffle, and beverages. Proceeds from the event help support the Starbase and Young Heroes Youth programs at Selfridge. Donations are welcome.

Call Jerome Shanklin at (586) 307-4234 for more information.

INTERESTING WEBSITES

http://www.vote-smart.org/

Thousands of candidates and elected officials. Who works for you? Who is seeking your vote? Project Vote Smart, a citizen's organization, has developed a Voter's Self-Defense system to provide you with the necessary tools to self-govern effectively: abundant, accurate, unbiased and relevant information. As a national library of factual information, Project Vote Smart covers your candidates and elected officials in five basic categories: biographical information, issue positions, voting records, campaign finances and interest group ratings. What would you like to know? . . . To find out more about PVS, call our Voter's Research Hotline 1-888-VOTE-SMART with any questions.

WORTH REPEATING

The fame you earn has a different taste from the fame that is forced upon you.

Gloria Vanderbilt, U.S. Designer

CAPTION CONTEST Last Edition



"I'm not going in, you try it."

"I'm not going in, you try it."

"Hey let's get Mikey, he'll go through any door."

LCDR Matt Butkis Naval Reserve Center Detroit

"I didn't tell anyone about the box of cookies your Mom sent, come on, let me in"

Notes 'n Stuff 15 Aug 04



CAPTION CONTEST This Edition

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Editor Dave Colangelo

U.S. Army Garrison-Michigan

Links to non-DoD sites are included for information. No endorsements are made or implied.

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